

SEPTEMBER— TD/EC & EL Combined Snack Menu: AM & PM & CH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
		PREP WEEK		
4 NO SCHOOL - Labor Day NO Camp	5 Student Visit Day NO Camp AM - Rice Crackers, Apple Slices	6 AM - Cottage Cheese, Peaches PM - Snack Mix, Snap Peas CH - Rice Crackers, Cantaloupe	7 AM - Raisin Bread, Blueberries PM - Pretzels, Hummus, Carrots CH - Veggie Straws, Roasted Broccoli	8 AM - Egg Salad Sandwich, Hami Melon PM - String Cheese, Celery CH - Tortilla Chips, Salsa
11 AM - Cheerios, Milk, Blueberries PM - Mozzarella Balls, Cucumber CH - Popcorn, Watermelon	12 AM - Oatmeal, Dried Cranberries PM - Triscuits, Carrots, Spinach & Artichoke Dip CH - Multigrain Crackers, Nectarines	13 AM - Cheese Quesadillas, Orange Slices PM - Pita Bread, Bell Pepper, Hummus CH - Pretzel Crisps, Tzatziki Sauce	14 AM - Bagel, Cream Cheese, Peaches PM - Egg Sandwich, Edamame CH - Corn Bread, Pineapple	15 AM - Raisin Bread, Bananas, Milk PM - Pasta Salad w/ Cucumber, Cherry Tomatoes, Zucchini CH - Sweet Potato Crackers, Fruit Salad
18 AM - Oatmeal, Apple Slices PM - Pita Chips, Hummus, Edamame CH - Cereal Mix, Milk, Oranges Slices	19 AM - Tuna Salad Sandwich, Fruit Salad PM - Mozzarella Balls, Cherry Tomatoes CH - Roasted Chick Peas, Triscuits	20 AM - Cinnamon Muffins, Honeydew Melon PM - Popcorn, Snap Peas CH - String Cheese, Pears	21 AM - Pita Bread, Hummus, Watermelon PM - Tortilla Chips, Salsa, Bell Pepper Slices CH - Eggs, Bananas	22 AM - Cinnamon Raisin Bread, Nut-free Butter, Grapes PM - Babybel Cheese, Peas CH - Veggie Straws, Kiwi
25 AM - Aussie Bites, Cucumber Sticks PM - Yogurt, Granola, Blueberries CH - Cereal Mix, Dried Mangoes	26 AM - Tortilla w/ Cinnamon and Sugar, Apples PM - Cheese Slices, Celery, Hummus CH - Herb & Garlic Crackers, Blueberries	27 AM - String Cheese, Grape Tomatoes PM - English Muffins w/ Sunflower Butter, Nectarines CH - Veggie Straws, Grapes	28 AM - Banana Bread/Muffins, Milk, Strawberries PM - Pita Bread, Hummus, Cucumber CH - Babybel Cheese, Steamed Carrots w/ Butter	29 AM - Oatmeal, Raisins, Milk PM - Cornbread Muffins, Roasted Broccoli CH - Popcorn, Strawberries

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.