

AUGUST/SEPTEMBER— T/EC & EL Combined Snack Menu: AM & PM & CH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		31 First Day of School AM - Goldfish, Apples PM - Cheese Slices, Pears CH - Pita Bread Slices, Hummus, Black Olives	1 AM - Mini Bagels w/Cream Cheese, Nectarines PM - Pretzels, Plums CH - Cereal Snack Mix, Carrots	2 AM - Cheerios, Milk, Blueberries PM - String Cheese, Watermelon Slices CH - Popcorn, Craisins
5 School Closed for Labor Day Holiday, No Camp	6 AM - Nutra-Grain Breakfast Bars, Milk, Mandarin Oranges PM - Graham Crackers, Soy Butter, Sliced Apples CH - Tortilla Chips, Salsa	7 AM - Edamame, Pretzels PM - Cheese, Pears CH - Cucumber Sandwiches, Strawberries	8 AM - Nutri-grain Bar, Blueberries PM - Chicken Salad Sandwiches, Whole Wheat Bread CH - Carrots, Ranch Dressing	9 AM - Hard Boiled Eggs, Whole Wheat English Muffins PM - Wheat Thins, Apples CH - Grape Tomatoes, Triscuits
12 AM - Triscuits, Sliced Oranges PM - Popcorn, Carrots/Celery CH - Honeydew, Pita Chips	13 AM - Yogurt, Peaches, Granola, PM - "Ants on a Log" (Celery, Soy Butter, Raisins) CH - Turkey Roll-Ups w/ Spinach, Watermelon	14 AM - Waffles, Blackberries PM - Tortilla w/ Butter, Cinnamon, Cantaloupe CH - English Muffin Cheese & Pineapple Pizzas	15 AM - Mini Bagels, Cream Cheese, Apples PM - Avocado Slices, Saltines CH - Chips, Salsa, sliced bell peppers	16 AM - Cinnamon Muffins, Milk PM - Hummus, Pita Bread, Cucumber CH - Graham Crackers, Bananas
19 AM - Cereal Snack Mix, Celery, Carrots PM - Apricots, Granola Bars CH - Wheat Thins & Orange slices	20 AM - Blueberry Muffins, Milk PM - Bananas, Cheerios CH - Tuna Salad, Wheat Thins, Celery	21 AM - Yogurt, Granola, Berries PM - Grilled Cheese Sandwiches, Peaches CH - Cherries (or Seasonal Fruit,) Muffins	22 AM - Animal Crackers, Applesauce PM - Mini Peppers, Cheese Slices CH - Fig Newtons, Milk	23 AM - Cinnamon Raisin Toast, Milk PM - Chicken Salad, Crackers CH - Honeydew, Pretzels
26 AM - Nutra-Grain Breakfast Bars, Milk PM - Egg Salad Sandwiches, Mandarin Oranges CH - Annie's White Cheddar Crackers, Mixed Berries	27 AM - Waffles, Nectarines PM - Snap Peas, Carrots, Ranch Dressing CH - Cheese Quesadilla, Salsa	28 AM - Nilla Wafers, Bananas, Milk PM - Animal Crackers, Kiwi CH - String Cheese, Apple Slices	29 AM - Mini Pancakes, Milk PM - Hummus, Olives, Crackers CH - Tortilla Chips, Salsa	30

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.