

OCTOBER - TD/EC & EL Combined Snack Menu: AM & PM & CH

M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y
2 AM - Egg Salad, Rice Crackers, Cucumber Slices PM - Babybel Cheese, Orange Slices CH - Pita Bread, Tzatziki Sauce, Bell Pepper Slices	3 AM - Cheerios, Milk, Strawberries PM - Mozzarella Balls, Grape Tomatoes CH - Sweet Potato Crackers Fruit Salad	4 AM - Waffles, Blueberries PM - Ants on a log (celery, soy nut, raisins) CH - Pretzels, Orange Slices	5 AM - Raisin Bread, Cream Cheese, Grapes PM - Garlic & Herb Crackers, Roasted Cauliflower CH - Veggie Straws, Bananas	6 NO SCHOOL - Conference Day CAMP AVAILABLE AM - Oatmeal, Dried Cranberries PM - Vegetable Dip, Snap Peas, Carrots CH - Rice Crackers, Apple Slices
9 AM - Tortilla Chips, Salsa, Guacamole PM - String Cheese, Clementines CH - Dried Mango, Pretzels	10 AM - Turkey Slices, Cheese Slices, Pears PM - Bean & Cheese Quesadillas, Salsa CH - Cucumber, Crunchmaster Crackers	11 AM - Veggie Straws, Bell Pepper Slices, Hummus PM - Popcorn, Fruit Smoothies CH - Turkey/Cheese Roll-up, Carrots, Ranch	12 AM - Egg Salad, Triscuit PM - Oatmeal, Milk, Peaches CH - Babybel Cheese, Cherry Tomatoes	13 AM - Aussie Bites, Orange Slices PM - Pita Bread, Tzatziki Sauce, Cucumber Sticks CH - Tortillas Chips, Salsa
16 AM - Cheerios, Milk, Strawberries PM - English Muffins, Soy Nut-butter, Cucumber Slices CH - Garlic & Herb Crackers, Roasted Broccoli	17 AM - Yogurt, Blueberries PM - Tortilla Chips, Celery, Artichoke & Parmesan Dip CH - Pita Bread, Grapes	18 AM - Raisin Bread, Cucumber Slices PM - Pretzels, Honeydew Melon CH - Popcorn, Fruit Salad	19 AM - Oatmeal, Bananas PM - Egg Salad, Rice Crackers, Celery CH - Babybel, Orange Slices	20 AM - Cereal Mix, Edamame PM - Tuna Salad, Triscuit, Strawberries CH - Veggie Straws, Orange Slices
23 AM - Pretzels, Pears PM - Wheat Thins, Carrots, Ranch CH - Chicken Salad, Sea Salt Crackers, Apple Slices	24 AM - Cornbread Muffins, Pears PM - Mozzarella Balls, Cucumber Slices CH - Waffles, Strawberries	25 AM - Rice Crackers, Soy Nut Butter, Melon PM - Tortilla Chips, Guacamole CH - String Cheese, Peas	26 AM - Pancakes, Smoothies PM - Yogurt, Flax Seed Granola CH - Veggie Straws, Grapes	27 AM - Egg Salad, Triscuit Crackers, Celery PM - Cottage Cheese, Peaches CH - Popcorn, Kiwi
30 AM - Applesauce, Pretzels PM - Oatmeal, Milk, Apple Slices CH - Crunchmaster Crackers, Pears	31 AM - Cottage Cheese, Orange Slices PM - Pita Bread, Hummus, Bell Pepper Slices CH - Raisin Bread, Cream Cheese, Grapes	1 AM - Quesadillas, Bananas PM - Pasta Salad (Cucumber, Tomatoes, Carrots) CH - Sweet Potato Crackers, Carrots	2 AM - Cereal Mix, Kiwi PM - Pita Bread, Peas, Hummus CH - String Cheese, Cucumber Slices	3 AM - Oatmeal, Pineapples PM - Cornbread Muffins, Edamame CH - Rice Crackers, Orange Slices

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.