



Monday	Tuesday	Wednesday	Thursday	Friday
	1 AM – Cheerios, Milk, Dried Blueberries PM – Edamame, Pretzels CH – Hummus, Bell Peppers, Pita Bread	2 AM – Oatmeal, Canned Peaches, Milk PM – Yogurt Bar w/ Frozen Mango, Granola Toppings CH – Avocado Slices, Crunchmaster Crackers	3 AM – Bagel, Cream Cheese, Apples PM – Bean/Cheese Quesadilla, Salsa CH – Ants on a Log w/Raisins	4 AM – Rice Cakes, Cottage Cheese, Pear Slices PM – Turkey Rolls, Orange Slices CH – Guacamole, Tortilla Chips, Salsa
7 AM – Chex Mix, Melon Honeydew PM – Tortilla w/ Butter and Cinnamon, Apple CH – Plantain Chips, Hummus	8 AM – Applesauce, Fig Bars PM – Pizza Quesadilla, Grapes CH – Broccoli, Cheese Slices, Ranch	9 AM – Banana Roll Ups, Milk PM – Lettuce, HB Egg Slices, Croutons, Ranch CH – Cucumber Sandwiches, Pirates Booty	10 No School - Camp in Session AM – Berry/Spinach/Yogurt Smoothie, Skinny Popcorn PM – Grilled Chicken, Roasted Sweet Potato Cubes, Ranch CH – Cracker, Baby Bell, Dried Mango	11 School Closed - Veterans Day
14 AM – Yogurt, Dried Blueberries PM – Hummus, Bell Peppers, Pita Bread CH – Celery Sticks, Mozzarella Slices, Salsa	15 AM – Pancakes, Grapes PM – Cinnamon Butternut Squash Chips, Banana Chips, String Cheese CH – Animal Crackers, Cheese Slices, Orange Slices	16 AM – WW Toast w/Butter, HB Eggs PM – Apple Sandwiches (sliced apples w/ Soy Butter), Chex Mix CH – Pretzels, Banana	17 AM – Cottage Cheese, Canned Pineapple Chunks PM – Pesto Cheese Tortellini, Frozen Broccoli CH – Snap Peas, String Cheese	18 AM – Raisin Bread, Banana, Cream Cheese PM – Grilled Cheese WW Bread, Pickles, cucumber Stick CH – Tuna Salad, Carrots, Wheat Thins
21 AM – Pumpkin Muffin, Milk, PM – Carrots, Veggie Dip, Snack Mix CH – String Cheese, Goldfish	22 AM – Oranges, Nutri-Grain Bars PM – Cucumber Sandwiches on WW Bread, Pears CH – Chicken Salad, Rice Crackers, Celery	23 AM – Yogurt, Frozen Mango PM – Egg Salad, WG Crackers, Grapes CH – Turkey Slices, Blanched Fresh Green Beans, Baby Bell Cheese	24 School Closed – Thanksgiving Break Thanksgiving Day	25 School Closed – Thanksgiving Break
28 AM – Cereal Snack Mix, Applesauce PM – Cheese Slices, Grapes CH – Cucumber, Ranch, Kiwi	29 AM – Bagels, Cream Cheese, Oranges PM – English Muffin Pizza, Dried Mango CH – Honeydew Melon, String Cheese, Veggie Straws	30 AM – Oatmeal, Milk, Dried Cranberries PM – Turkey/Cheese Roll Up, Edamame CH – Saltines, Avocado Slices		

Note: The beverage is water unless otherwise noted. PM Snack is served in Toddler/Early Childhood Classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Golden Raisins. Menus are subject to change without notice.