

# MARCH 2025 - TOD/EC & EL Combined Snack Menu: AM & PM & CH

| M O N D A Y                                                                                                                     | T U E S D A Y                                                                                                                                       | W E D N E S D A Y                                                                                                                                | T H U R S D A Y                                                                                                                             | F R I D A Y                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| <b>3</b><br>AM - Yogurt, Granola, Dried Cranberries<br>PM - Chex Mix, Carrots & Peas<br>CH - Crackers, Carrots, Hummus          | <b>4</b><br>AM - Pasta Salad (Edamame, Tomatoes, Mozzarella Balls)<br>PM - Cucumber w/ Cream Cheese Sandwich, Blueberries<br>CH - Pretzels, Oranges | <b>5</b><br>AM - Rice Cakes, Soy Butter, Apples<br>PM - Roasted Chickpeas, String Cheese<br>CH - Popcorn, Grapes                                 | <b>6</b><br>AM - Deviled Egg Salad, Celery, Crackers<br>PM - Turkey Roll-up, Clementines<br>CH - Babybel, Strawberries                      | <b>7</b><br>AM - Bagels w/ Cream Cheese, Bananas<br>PM - Pita Bread, Bell Peppers, Tzatziki Sauce<br>CH - Veggie Straws, Fruit Salad  |
| <b>10</b><br>AM - Cereal Mix, Milk, Raisins<br>PM - Crackers, Cheese Slices, Carrots<br>CH - Triscuits, Dried Mangoes           | <b>11</b><br>AM - Pancakes, Strawberries<br>PM - Antipasti Salad (Tortellini, Peas, Tomatoes, Cheese)<br>CH - Nutri-grain Bars                      | <b>12</b><br>AM - Crunchmaster Crackers, Fruit Salad<br>PM - Tortilla Chips, Refried Beans, Salsa<br>CH - Applesauce Muffins                     | <b>13</b><br>AM - Pita Bread Cheese Pizza, Pears<br>PM - Wheat Thins, Edamame<br>CH - Mozzarella Balls, Oranges                             | <b>14</b><br>AM - Banana Bread, Cream Cheese<br>PM - Veggie Straws, Vegetable Medley<br>CH - Ritz Crackers, Cheese Slices             |
| <b>17</b><br>AM - Oatmeal, Cranberries, Milk<br>PM - Club Crackers, Celery, Ranch<br>CH - Fig Bars                              | <b>18</b><br>AM - Blueberry Bagels w/Cream Cheese, Apples<br>PM - Pita Chips, Hummus, Carrots<br>CH - Pretzels, Cucumber                            | <b>19</b><br>AM - Cereal Mix, Blueberries, Milk<br>PM - Orzo Pasta Salad (Bell Pepper, Mozzarella Balls, Tomatoes)<br>CH - Popcorn, Strawberries | <b>20</b><br>AM - Cottage Cheese, Mangoes<br>PM - Pretzel Crisps, Peas<br>CH - Tortilla Chips, Guacamole                                    | <b>21</b><br>AM - English Muffin Cheese Pizza, Pears<br>PM - Tortilla Turkey Wrap w/ Cheese & Spinach<br>CH - String Cheese, Crackers |
| <b>24</b><br>AM - Yogurt, Pineapples<br>PM - Egg Salad w/Celery, Rice Crackers<br>CH - Fig Newton, Dried Apricot                | <b>25</b><br>AM - Cheerios, Blueberries, Milk<br>PM - Pita Bread, Hummus, Cucumber<br>CH - Banana Roll-up w/Soy Butter                              | <b>26</b><br>AM - Cottage Cheese Blueberry Muffins<br>PM - Pita Chips, Guacamole<br>CH - Snack Mix, Clementines                                  | <b>27</b><br>AM - Cucumber, Carrots, Bell Pepper w/ Dill Dip<br>PM - Ricotta Cheese, Pears<br>CH - Whole Grain Crackers, Soy Butter, Apples | <b>28</b><br>AM - Waffles, Fruit Smoothies<br>PM - Turkey Roll, Crackers, Edamame<br>CH - Chex Mix, Fruit Salad                       |
| <b>31</b><br>AM - Flax Seed Pumpkin Granola, Blueberries, Milk<br>PM - Veggie Straws, Edamame<br>CH - String Cheese, Watermelon | <b>1</b><br>AM - Pretzels, Honeydew Melon<br>PM - Triscuits, Egg Salad w/ Celery<br>CH - Raisin Bread, Cream Cheese, Apples                         | <b>2</b><br>AM - Cottage Cheese, Mangoes<br>PM - Pita Bread, Hummus, Bell Peppers<br>CH - Crackers, Apples                                       | <b>3</b><br>AM - Cheese Quesadilla, Apples<br>PM - Pretzel Crisps, Roasted Carrots<br>CH - Rice Cake w/ Whipped Cream Cheese, Strawberries  | <b>4</b><br>AM - Aussie Bites, Oranges, Milk<br>PM - Pita Chips, Guacamole<br>CH - Babybel, Fruit Salad                               |

*Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.*