

June 2023 - TD/EC & EL Combined Snack Menu: AM & PM & CH

M O N D A Y		T U E S D A Y		W E D N E S D A Y		T H U R S D A Y		F R I D A Y	
						1		2	
						AM - Eggs, Cheese, Whole Wheat Bread		AM - Bagels, Cream Cheese, Cucumber Slices	
						PM - Celery, Nut-free butter, Grapes		PM - Grain bars, Orange Slices	
						CH - Belvita Crackers, Snap Peas		CH - Crunchmaster crackers, Apple Slices	
5		6		7		8		9	
AM - Hummus, Pita Bread, Tomatoes		AM - Mixed berries (strawberries, raspberries, blueberries), Yogurt		AM - Grilled Cheese, Watermelon		AM - English muffins, Nut-free butter and jelly, Milk		AM - Quesadillas or Refried beans on tortilla, Sour Cream, Cantaloupe	
PM - Carrots, Turkey Slices, Bananas		PM - Veggie Burgers, Cheese Slices, Triscuits		PM - Tortilla Chips, Guacamole		PM - Wheat thins, Tri-colored bell peppers, Apple Slices		PM - Popcorn, Edamame	
CH - Fig Bars, Mozzarella Cheese sticks		CH - Snack Mix, Dates		CH - Graham Crackers, Grapes		CH - Pretzel Crisps, Honeydew		CH - Veggie Straws, Orange Slices	
12		13		14		15		16	
AM - Granola, Grapes, Milk		AM - Muffins, Cottage Cheese		No School or Camp		No School or Camp		No School or Camp	
PM - Tuna salad, Crunchmaster crackers, Cucumbers		PM - Fig Bars, Mango, Carrots							
CH - Raisin bread, Cream Cheese		CH - Babybel Cheese, Kiwi							
		Last day of school							
19		20		21		22		23	
No School or Camp-Juneteenth		AM - Snack Mix, Milk		AM - Granola, Yogurt, Blueberries		AM - Cheesy bread, Cantaloupe		AM - Tortilla chips, Guacamole	
		PM - Hummus, Pita Chips, Tomatoes		PM - Carrots, Ranch, Crunchmaster Crackers		PM - Celery, Nut-free butter, raisins		PM - Belvita Crackers, Grapes	
		CH - Popcorn, Strawberries		CH - Mozzarella Sticks, Orange Slices		CH - Fig Bars, Apple Slices		CH- Cucumber, Tzatziki Sauce, Wheat Thins	
26		27		28		29		30	
AM - Cereal, Milk, Bananas		AM - Egg salad, Bread, Kiwi		AM - Oatmeal, Dried Cranberries		AM - Cottage Cheese, Strawberries		AM - Bagels, Nut-free butter, Honeydew	
PM - Grilled Cheese, Snap Peas		PM - Turkey, Cheese, Edamame, Rice Crackers		PM - Mozzarella Balls, Tomatoes, Triscuits		PM - Tuna salad, Pita Bread, Celery		PM - Tri-colored Bell Peppers, Ranch, Crunchmaster Crackers	
CH - Fig Bars, Nectarines		CH - Goldfish Crackers, Oranges		CH - Veggie Straws, Grapes		CH - Babybel Cheese, Apricots		CH - Pretzels, Apple Slices	

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.