

FEBRUARY— TD/EC & EL Combined Snack Menu: AM & PM & CH

M O N D A Y		T U E S D A Y		W E D N E S D A Y		T H U R S D A Y		F R I D A Y	
				1		2		3	
				AM– Yogurt, Granola PM - Veggie Burgers, Oranges CH - Dried Cantaloupe, Pretzels		AM - Whole grain waffles, Mixed berries, Milk PM - Avocado Slices, Wheat Thins CH - Baybel Cheese, Pears		No School, Conference Day Camp Available AM - Bagel, Cream Cheese, Apples PM - Nachos, Salsa, Guacamole CH - Belvita, Applesauce	
6		7		8		9		10	
AM - Cheerios, Grapes, Milk PM - Edamame, Triscuits CH - Cheese Slices, Veggie Straws		AM - Hard Boiled Eggs, Dried Mango PM - English Muffin Cheese Pizzas, Cucumbers CH - Root Vegetable Chips, Bananas		AM - Apple Butter on Whole Wheat Toast, Raisins PM - Tortellini, Cherry Tomatoes CH - Chex Mix, Kiwi		AM - Yogurt, Blueberries PM - Tuna Salad with Cream Cheese, Saltine Crackers CH - Bell Peppers, Ranch Dressing		AM - Graham Crackers with Sunbutter, Dried Cranberries, Milk PM - Popcorn, Orange Slices CH - Nutri-Grain Bars, Carrot Chips	
13		14		15		16		17	
AM - Snack Mix, Milk PM - Chicken Salad, Pita Chips, Pineapple CH - Carrots, Ranch, String Cheese		AM - Cornbread Muffins, Green Grapes PM - Mozzarella Balls, Cherry Tomatoes CH - Fig Newtons, Oranges		AM - Tortilla with Butter and Cinnamon, Strawberries PM - Green beans, Ranch Dressing, Ritz Crackers CH - Popcorn, Strawberries		AM - Chex Cereal, Bananas, Milk PM - Grilled Cheese, Apples Slices CH - Cucumbers, Carrots, Hummus		AM - Egg Salad on Whole Wheat Toast, Blueberries PM - Belvita, Yogurt CH - Graham Crackers with Sunbutter, Milk	
20		21		22		23		24	
NO SCHOOL Presidents' Day		No School – Midwinter Break Camp Available by Prepaid Reservation							
		AM - Yogurt, Mixed Berries, Granola PM - Bagels, Cream Cheese, Cucumbers CH - Popcorn, Raisins		AM - Hard Boiled Eggs, Whole Wheat Toast, Grapes PM - Applesauce, Graham Crackers CH - Carrots, Crunchmaster Crackers		AM - Whole Wheat Waffles, Peaches PM - English Muffin Pizzas, Dried Cantaloupe CH - Fruit Salad, Pretzels		AM - Muffins, Milk PM - Cheese and Spinach Wraps, Mandarin Oranges CH - Chips, Salsa, Guacamole	
27		28							
AM - Nutri-Grain Bars, Milk PM - Chex Mix, Cheese Slices CH - Yogurt, Blueberries		AM - Egg Salad, Whole Wheat Toast PM - Hummus Wraps, Apple Slices CH - Dried Mango, Belvita							

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.