

**NOW SELLING
GIFT
CERTIFICATES!!**

DAILY COMBO MENU

*All Lunches are served Cold with Fresh Fruit & Veg
Milk is Optional*



February 2012

Order online at: LunchboxLeverage.OrderLunches.com School Password: LBL

		1 Mac N cheese bites	2 North Creek Campus Remember to support the Jr. High Business and order pizza	3 ALT (avocado, lettuce, tomato) or BLT (bacon, lettuce, tomato) Wrap
		Baked Sweet Potato fries		Roasted Squash
6 Apple & cheddar stacker (GF)	7 Chilled chicken or tofu satay bites with wild rice (GF)	8 Broccoli & cheddar (GF) or Yam and turkey sausage bites (GF/DF)	9 North Creek Campus Remember to support the Jr. High Business and order pizza	10 Spinach & cranberry pinwheels with or without Turkey
Brussels Sprouts salad	Corn & Carrots	Roasted Root Vegetables		Roasted Squash
13 Sesame noodle salad with chicken or roasted tofu (DF)	14 Whole wheat heart pancake stacker with sweet beet cream cheese	15 Taco stuffed shells with chicken or black beans	16 North Creek Campus Remember to support the Jr. High Business and order pizza	17 ALT (avocado, lettuce, tomato) or BLT (bacon, lettuce, tomato) Wrap
Lemon Brussels Sprouts	Corn & Carrots	Baked Sweet Potato fries		Roasted Squash
20 LBL follows Seattle Public Schools Calendar No School/No Lunch	21 LBL follows Seattle Public Schools Calendar No School/No Lunch	22 LBL follows Seattle Public Schools Calendar No School/No Lunch	23 LBL follows Seattle Public Schools Calendar No School/No Lunch	24 LBL follows Seattle Public Schools Calendar No School/No Lunch
27 Spanakopita triangles	28 Teriyaki Meatballs or Tofu bites with Pineapple (GF/DF)	29 Spinach & ricotta bites (GF)		
Brussels Sprouts Salad	Corn & Carrots	Roasted Root Vegetables		



Lunchbox Leverage

Pricing:

Regular lunch \$5.50
Large lunch \$7.00
A la carte entrées \$5.00
Snacks \$2.25
Milk \$0.75

Notations for vegetarian, gluten free, kosher and organic are online (dairy free is coming soon). Each day has a main entrée including a vegetarian option. More information is available online @ LUNCHBOXLEVERAGE.ORDERLUNCHES.COM

*All "combo" meals come with a vegetable side, fresh fruit and a small healthy treat
** All "Entrée" meals (except salads) come with veggie sticks, fresh fruit and a small healthy treat

The following are available for ordering everyday:

Entrée's

- **Bagel with cream cheese
- **Bagel with humus
- **Variety Meat and cheese lunch
- **Two "cage free" hard boiled eggs
- **Steamed veggies and brown rice patty
- Caesar salad with chicken & fresh fruit
- Caesar salad with fresh fruit
- Garden salad with seasonal vinaigrette dressing & fresh fruit

Snack's

- Seasonal fresh baked goods (ex: zucchini bread, pumpkin muffins)
- Fresh Fruit
- Veggie sticks & hummus

Milk

- Milk: Smith Brothers - 1%
- Milk: Smith Brothers - 2%